Hunger Bowl 2022
WELCOME TO THE 10TH ANNUAL HUNGER BOWL

✨ HAVE YOU PICKED UP YOUR BARRELS?

✨ IS YOUR VIRTUAL FOOD DRIVE LINK READY TO SHARE?

✨ EVERY $1 = 5 POUNDS OF FOOD

✨ EVERY $1 PROVIDES 3 HEALTHY MEALS
Hunger Bowl
Donation Methods

- CASH OR CHECK
- VIRTUAL FOOD DRIVE
- FOOD DONATIONS
- VENMO
FOOD DONATION GUIDELINES

PRODUCTS MUST BE SHELF STABLE

NO DAMAGED PRODUCTS

NO EXPIRED EXPIRATION DATES
VENMO DONATIONS

- MAKE DONATIONS THROUGH VENMO TO @FOODBANKNEGA
- MESSAGE AREA MUST INCLUDE “HUNGER BOWL” AND THE TEAM’S NAME
- DONORS MUST PROVIDE A MAILING ADDRESS IN THE MESSAGE AREA TO RECEIVE A DONATION RECEIPT
THE POWER OF THE FOOD BANK DOLLAR

$1 = 3 HEALTHY MEALS
BASIC GROCERY:

OLIVE OIL
CANOLA OIL
VEGETABLE OIL
WHITE/BROWN SUGAR
BEANS, LENTILS, RICE
BREAKFAST ITEMS

PANCAKE MIX
CEREAL
BISCUIT MIX
GRITS
OATMEAL
QUICK MEALS:

HAMBURGER HELPER
INSTANT RICE MIX
PASTA NOODLES
INSTANT MASHED POTATOES
MAC N CHEESE
PEANUT BUTTER
JELLY/JAM
CANNED GOODS

SPAGHETTI SAUCE
SOUP/STEW
CHICKEN, TUNA, SALMON, BEEF
FRUITS,
BLACK EYED PEAS, PINTO BEANS,
VEGETABLES
POP-TOP CANS
PICK UP & DELIVERY

*PICK UP FOR DONATIONS OVER 500 LBS

*REQUEST FOR PICKUPS DUE THURSDAY NOVEMBER 10TH

*TEAMS DELIVERING DONATIONS WILL BE ASSISTED BY VOLUNTEERS
QUESTIONS

TRACEY MASSEY
706.713.9319
TMASSEY@FOODBANKNEGA.GA